



# Emergency Cards

Fill them out, cut along the dotted line, and each family member carries their own card in a wallet or backpack. Useful when you're left without a phone or battery.

**My details and contacts**

First and last name: \_\_\_\_\_

My phone number: \_\_\_\_\_

Contact outside the region: \_\_\_\_\_

Blood type: \_\_\_\_\_

Allergies / medications: \_\_\_\_\_

✂ cut here

**Family meeting point**

Meeting point nearby (street/square): \_\_\_\_\_

How to get there: \_\_\_\_\_

Alternative meeting point (farther away): \_\_\_\_\_

Central family contact: \_\_\_\_\_

Their phone number: \_\_\_\_\_

✂ cut here

**Important phone numbers**

Emergency line: 911

Emergency management office: \_\_\_\_\_

Family practice: \_\_\_\_\_

Trusted neighbour: \_\_\_\_\_

Other (gas, water, power): \_\_\_\_\_

**If you find me**

For a child or an older person to carry with them.

My name is: \_\_\_\_\_

I live in: \_\_\_\_\_

Please call: \_\_\_\_\_ (phone \_\_\_\_\_)

Important medical info: \_\_\_\_\_